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## TORONTO CROWN & BRIDGE STUDY CLUB



## ESTHETIC AND FUNCTIONAL ADHESIVE TREATMENTS: MATERIALS AND TECHNIQUES FOR EVERYDAY PRACTICE

## 1 TREATMENT OF TOOTH DISCOLORATION 2 DIRECT ESTHETIC RESTORATIONS 3 INDIRECT ESTHETIC TREATMENTS

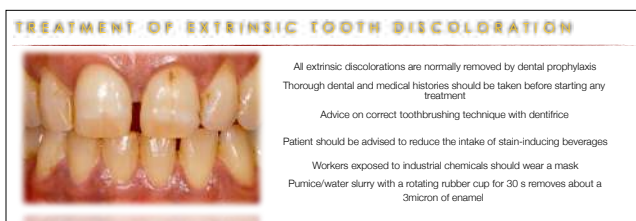
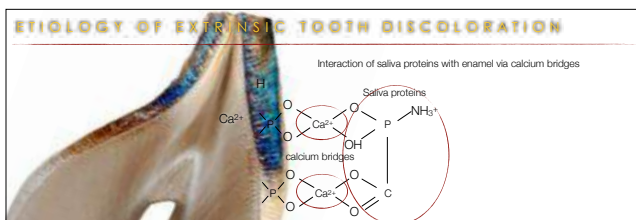
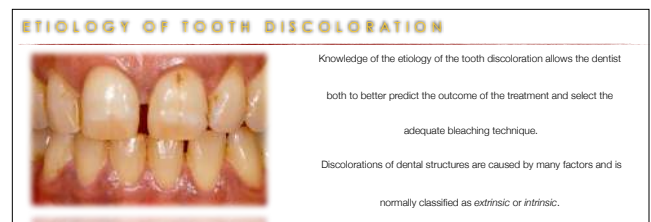
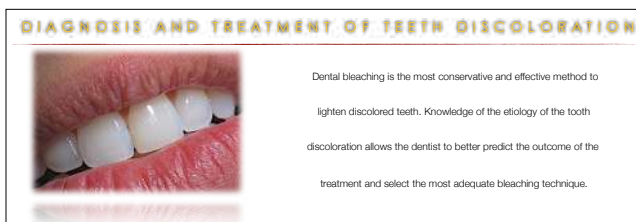
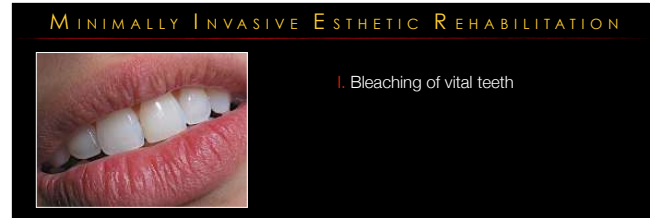
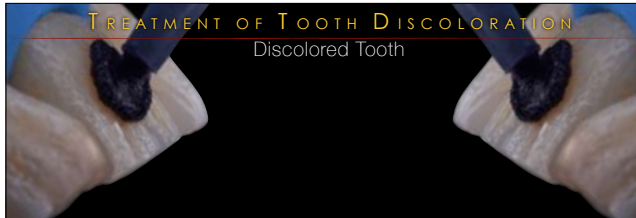
## 1 TREATMENT OF TOOTH DISCOLORATION

## REFERENCE



## TREATMENT OF TOOTH DISCOLORATION

Discolored Tooth  
Fluorosis  
Enamel Hypoplasia  
Tetracycline Stain  
Amalogenesis Imperfecta  
Dentinogenesis Imperfecta



## INTRINSIC TOOTH DISCOLORATION - ODONTOGENESIS



### ENAMEL HYPOPLASIA

It is a defect of the teeth in which the enamel is hard but thin and deficient in amount, caused by defective enamel matrix formation. Usually the condition involves part of the tooth having a pit in it. In some cases, the natural enamel crown has a hole in it, and in extreme cases, the tooth has no enamel, exposing the dentin.

## INTRINSIC TOOTH DISCOLORATION - ODONTOGENESIS



### ENAMEL HYPOPLASIA

Hereditary syndromes that can cause enamel hypoplasia:

- Usher syndrome
- Sackel syndrome
- Ellis-van Creveld syndrome
- Treacher Collins syndrome
- Odontal syndrome
- 22q11 deletion syndrome (velocardiofacial syndrome)
- Heimler syndrome

## INTRINSIC TOOTH DISCOLORATION - ODONTOGENESIS



### ENAMEL HYPOPLASIA

Enamel hypoplasia can also result from prenatal issues such as:

- Maternal vitamin D deficiency
- Maternal weight gain
- Maternal smoking
- Maternal drug use
- Lack of prenatal care
- Premature birth or low birth weight

## INTRINSIC TOOTH DISCOLORATION - ODONTOGENESIS



### ENAMEL HYPOPLASIA

Caused by environmental factors and other problems in infancy:

- Trauma to the teeth
- Infection
- Calcium deficiency
- Deficiencies of vitamins A, C, or D
- Jaundice, liver disease
- Celiac disease
- Cerebral palsy due to maternal or fetal infection

Trauma from a deciduous tooth

## INTRINSIC TOOTH DISCOLORATION - ODONTOGENESIS



### AMELOGENESIS IMPERFECTA

It is a genetic defect that can affect both primary and permanent dentitions. The category of amelogenesis imperfecta can be further subdivided into four groups, according to their clinical appearances.

Mutations in the AMELX, ENAM, MMP20, and FAM83H genes may cause amelogenesis imperfecta

Abdel M.J. Swamyman B, Crawford P.J. Amelogenesis imperfecta: a classification and catalogue for the 21st century. *Oral Dis.* 2003;9:194

## INTRINSIC TOOTH DISCOLORATION - ODONTOGENESIS



### AMELOGENESIS IMPERFECTA

**Type 1 - Hypoplastic:** Enamel is usually thin, to the point of eliminating interproximal contacts. The enamel is usually hard, smooth or pitted, and a yellow appearance.

Abdel M.J. Swamyman B, Crawford P.J. Amelogenesis imperfecta: a classification and catalogue for the 21st century. *Oral Dis.* 2003;9:194

## INTRINSIC TOOTH DISCOLORATION - ODONTOGENESIS



### AMELOGENESIS IMPERFECTA

**Type 2 - Hypocalcified:** The enamel exhibits normal thickness, but it is soft and often is completely abraded away soon after eruption. Teeth are usually rough, pitted, and the shade ranges from a dull opaque white to a dark brown.

Abdel M.J. Swamyman B, Crawford P.J. Amelogenesis imperfecta: a classification and catalogue for the 21st century. *Oral Dis.* 2003;9:194

## INTRINSIC TOOTH DISCOLORATION - ODONTOGENESIS




### AMELOGENESIS IMPERFECTA

**Type 3 - Hypomaturational:** The enamel has chipped away from the underlying dentin.

Abdel M.J. Swamyman B, Crawford P.J. Amelogenesis imperfecta: a classification and catalogue for the 21st century. *Oral Dis.* 2003;9:194

INTRINSIC TOOTH DISCOLORATION - ODONTOGENESIS

AMELOGENESIS IMPERFECTA




Type 4 - Hypoplastic-Hypomaturational with taurodontism: The enamel has chipped away from the underlying dentin.

Abdel M.S. Sawanmeyer P. Crawford P.J. Amelogenesis imperfecta: a classification and catalogue for the 21st century. Oral Dis. 2003;9:104

INTRINSIC TOOTH DISCOLORATION - ODONTOGENESIS


DENTINOGENESIS IMPERFECTA



It is the most prevalent hereditary dystrophy affecting the structure of teeth. It typically affects the primary dentition more seriously than the permanent dentition. The dental crowns appear reddish-brown to gray opalescent discoloration. The enamel is friable and can easily break off, exposing the softened dentin that is normally abraded away.

INTRINSIC TOOTH DISCOLORATION - ODONTOGENESIS


DENTAL FLUOROSIS



It is the most common cause of intrinsic discoloration and manifests as a subsurface hypomineralization of tooth enamel. It is caused by excessive chronic intake of fluoride during odontogenesis.

INTRINSIC TOOTH DISCOLORATION - ODONTOGENESIS

DENTAL FLUOROSIS



The nature and severity of dental fluorosis depend on the dosage, duration of exposure, stage of ameloblast activity, and susceptibility of the individual. Clinically, signs of mild fluorosis range from delicate accentuation of the perikymata pattern to white opaque spots or lines. In severe cases, brown pitting patches or localized loss of external enamel may occur.


INTRINSIC TOOTH DISCOLORATION - ODONTOGENESIS

DENTAL FLUOROSIS



INTRINSIC TOOTH DISCOLORATION - ODONTOGENESIS


TETRACYCLINE STAINS



It can affect both the deciduous and permanent dentitions, making the teeth vulnerable throughout all odontogenesis. Even as short a tetracycline exposure, as three days, between the second trimester in utero to approximately 8 years of age can promote teeth discoloration.

INTRINSIC TOOTH DISCOLORATION - ODONTOGENESIS


TETRACYCLINE STAINS



The tetracycline molecule chelates with calcium in hydroxyapatite crystals, forming a tetracycline-calcium orthophosphate complex. The tooth discoloration increases upon exposure to sun and artificial light due to the photooxidation of the orthophosphate complex.

INTRINSIC TOOTH DISCOLORATION - ODONTOGENESIS

TETRACYCLINE STAINS



The severity of stains depends on the type of tetracycline and time, duration, and amount of drug intake. Tetracycline staining is considered one of the most difficult stains to remove.

INTRINSIC TOOTH DISCOLORATION - DENTOGENESIS



TETRACYCLINE STAINS

Drug	Color stain on teeth
Chlortetracycline (Aureomycin)	Grey-brown
Demethylchlortetracycline (Ledermycin)	Yellow
Oxytetracycline (Terramycin)	Yellow - least amount
Tetracycline (Achromycin)	Yellow
Doxycycline (Vibramycin)	No reported changes
Minocycline	Black

Hayes PA, Full C, Prokhan J. The etiology and treatment of intrinsic discolorations. J Can Dent Assoc. 199

INTRINSIC TOOTH DISCOLORATION - DENTOGENESIS



TETRACYCLINE STAINS

Degree	Description
First Degree	Uniform light yellow, brown, or gray stain confined to incisal three quarters of the crown

INTRINSIC TOOTH DISCOLORATION - DENTOGENESIS



TETRACYCLINE STAINS

Degree	Description
Second Degree	Deep yellow, brown, or gray stain, without banding

INTRINSIC TOOTH DISCOLORATION - DENTOGENESIS



TETRACYCLINE STAINS

Degree	Description
Third degree	Dark gray or blue stain with marked banding

INTRINSIC TOOTH DISCOLORATION - POST-ERUPTIVELY



DENTAL TRAUMA

It may cause internal hemorrhage, diffusion of bilirubin into the dentinal tubules, and a pink discoloration that may diffuse in reddish-brown discoloration. If the tooth vitality is maintained, the natural tooth color returns to normal a few weeks.

INTRINSIC TOOTH DISCOLORATION - POST-ERUPTIVELY



DENTAL TRAUMA

If the pulp necrosis, the discoloration become darken. Moreover, the presence of a slowly growing pink spot on the enamel surface indicates ongoing internal resorption.

INTRINSIC TOOTH DISCOLORATION - POST-ERUPTIVELY



IDIOPATHIC PULPAL RECESSION

It causes a yellow to brown discoloration on vital teeth. The teeth present a diminished pulp chamber size and the shade appearance of a non-vital tooth.

INTRINSIC TOOTH DISCOLORATION - POST-ERUPTIVELY



IDIOPATHIC PULPAL RECESSION

It causes a yellow to brown discoloration on vital teeth. The teeth present a diminished pulp chamber size and the shade appearance of a non-vital tooth.

#### INTRINSIC TOOTH DISCOLORATION - POST-ERUPTIVELY



##### NON-ALLOY DENTAL MATERIALS

Eugenol, formocresol, root canal sealers and others dental materials can potentially promote teeth discoloration.

#### INTRINSIC TOOTH DISCOLORATION - POST-ERUPTIVELY



##### DENTAL METALS

Leaching from amalgams, threaded stainless steel and gold-plated pins are the most common sources of tooth discoloration by dental metals. These stains might be extremely dark and pose a significant challenge for any whitening efforts.

#### INTRINSIC TOOTH DISCOLORATION - POST-ERUPTIVELY



##### PHYSIOLOGICAL DISCOLORATION

Natural formation of secondary dentin causes a gradually discolor the teeth over time. Teeth become more yellowish-brown discolored as they age.

#### INTRINSIC TOOTH DISCOLORATION - POST-ERUPTIVELY



##### FOODS AND BEVERAGES

Natural or artificial dark colorants, such as red wine, tea, coffee, sodas, and the habit of smoking and chewing tobacco are well-known agents that promote teeth discoloration. The intense of teeth discoloration is directly related to the type, frequency, and length, of exposure to of staining agents.

#### TREATMENT OF INTRINSIC TOOTH DISCOLORATION



Intrinsic discolorations occur within enamel or dentin and, therefore, are more difficult to treat than external stains, which occur on the tooth surface. Intrinsic stains can affect vital or nonvital teeth as well as endodontically treated teeth.

#### TREATMENT OF INTRINSIC TOOTH DISCOLORATION



Different types of intrinsic stains require different approaches for removal, according to location and etiology of the stain. In general, surface enamel stains can be treated using enamel *microabrasion*, whereas deeper internal stains can be removed by *bleaching techniques*.

#### INTRINSIC TOOTH DISCOLORATION - DENTAL BLEACHING



Dental bleaching is indicated for patients that desire lighter teeth. The choice of the particular whitening technique used will depend upon the specific etiology of the discoloration.

#### INTRINSIC TOOTH DISCOLORATION - DENTAL BLEACHING




##### INDICATIONS

- Generalized discolored teeth due to aging, diet, and lifestyle
- Tetracycline and monocycline staining
- Yellow/brown stains from enamel fluorosis or from idiopathic causes
- Discolored tooth caused by calicic metamorphosis


### INTRINSIC TOOTH DISCOLORATION - DENTAL BLEACHING

**BLEACHING AGENTS AND TECHNIQUES**




The first report of dentist-prescribed at-home bleaching was published in 1989 by Haywood and Haywood. The technique is effective in bleaching teeth discolored by aging, smoking, chromogenic materials, tetracycline, or fluorosis.

### INTRINSIC TOOTH DISCOLORATION - BLEACHING THEORY



The most accepted theory to through which peroxides promote dental bleaching whitening is the "chromophore theory". Where the hydrogen peroxide ( $H_2O_2$ ) converts the chromophore chains, within the tooth structure, into simpler structures and that lead to optical changes. The result of these process is a lighter final shade, with no or minimal damage to the tooth structure.

### INTRINSIC TOOTH DISCOLORATION - BLEACHING THEORY



```

graph TD
    A[10% Carbamide peroxide] --> B[6.5% Urea]
    A --> C[3.5% hydrogen peroxide]
    B --> D[Ammonia]
    B --> E[Carbon dioxide]
    C --> F[Oxygen]
    C --> G[Water]
  
```

### AT-HOME DENTAL BLEACHING - CLINICAL PROCEDURES



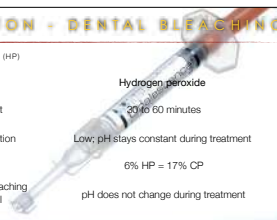
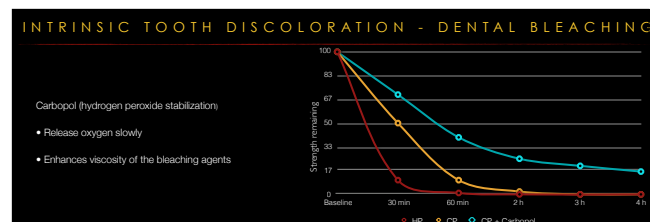
**BLEACHING TRAYS DELIVERY**

- Try the bleaching trays in the patient mouth to verify a tight fit
- Confirm the patient does not feel any sharp edges
- Demonstrate how to dispense the right amount of 10% CP into the tray.
- Place the trays in the patient mouth
- Gently press the tray to adapt against the teeth
- Remove any excess material

### INTRINSIC TOOTH DISCOLORATION - DENTAL BLEACHING

DIFFERENCES BETWEEN CARBAMIDE PEROXIDE (CP) AND HYDROGEN PEROXIDE (HP)

	Carbamide peroxide	Hydrogen peroxide
Active time	2 to 10 hours due to carbopol amount	30 to 60 minutes
pH level	Neutral; elevates pH due to urea production	Low; pH stays constant during treatment
Lowest concentration	10% CP = 3.5% HP	6% HP = 17% CP
Effect of pH level	Caries process may not advance during bleaching due to elevation of pH to a basic level	pH does not change during treatment

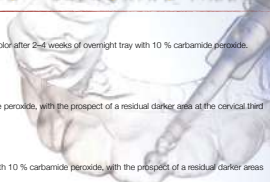



### AT-HOME DENTAL BLEACHING - BLEACHING TIME

Discolorations caused by aging and chromogenic foodstuff usually achieve a satisfactory lighter color after 2-4 weeks of overnight tray with 10 % carbamide peroxide.

Shades C's and D's, Vita Classical shade guide, 4-6 weeks of overnight tray with 10 % carbamide peroxide, with the prospect of a residual darker area at the cervical third

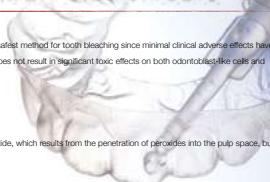
Discolorations caused by Tetracycline-stained after, up-to 6 months of overnight tray whitening with 10 % carbamide peroxide, with the prospect of a residual darker areas



### AT-HOME DENTAL BLEACHING - SIDE EFFECTS

**Pulp Injury**  
The at-home bleaching therapy with 10 % carbamide peroxide agents has been considered the safest method for tooth bleaching since minimal clinical adverse effects have been reported in literature. The application of 10% CP gel from 1.5 to 8 h onto dental structure does not result in significant toxic effects on both odontoblast-like cells and human dental pulp cells

**Tooth Sensitivity**  
Tooth sensitivity seems to be the most common lateral effect of whitening with carbamide peroxide, which results from the penetration of peroxides into the pulp space, but sensitivity usually relapses with termination of treatment

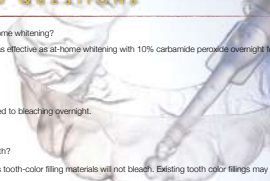


### FREQUENTLY ASKED QUESTIONS

How does the efficacy of OTC bleaching products compare to that of the dentist-prescribed at-home whitening?  
6 % hydrogen peroxide whitening strips applied twice a day for 30 min each for 2 weeks are not as effective as at-home whitening with 10% carbamide peroxide overnight for 2 weeks.

Is it OK that I wear my tray filled with 10 % carbamide peroxide for 2 h per day?  
That would be perfectly fine, but it will take longer to achieve the desired lightening effect compared to bleaching overnight.

I have some yellowish tooth-colored fillings in my front teeth. Will they get whiter if I bleach my teeth?  
They may look slightly lighter as a result of the oxidation of the surface pigment, but in most cases tooth-color filling materials will not bleach. Existing tooth color fillings may need to be replaced after the bleaching treatment is completed to make your smile look uniform.



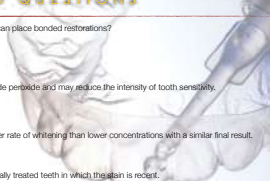
### FREQUENTLY ASKED QUESTIONS

Do dentists have to wait for 2 weeks after the conclusion of the whitening treatment before they can place bonded restorations?  
Yes. This principle applies to all peroxide-based whitening regimens and techniques.

Does fluoride help in preventing sensitivity during the bleaching treatment?  
The use of sodium fluoride daily after bleaching does not affect the bleaching efficacy of carbamide peroxide and may reduce the intensity of tooth sensitivity.

Do higher concentrations of carbamide peroxide result in whiter teeth?  
Current evidence from controlled clinical trials suggests that higher concentrations result in a faster rate of whitening than lower concentrations with a similar final result.

What concentration of peroxide is best for our patients?  
10 % carbamide peroxide, except for cases of external whitening of lightly discolored endodontically treated teeth in which the result is modest.



### AT-HOME DENTAL BLEACHING - CLINICAL PROCEDURES



BEFORE AFTER

### BLEACHING VITAL TEETH

JK Bernadon, N Sartori, et al. Oper Dent 2011

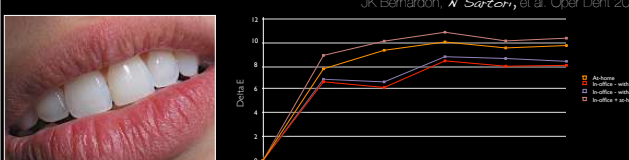


At-home Bleaching In-office Bleaching

Light Irradiation Without light irradiation

### BLEACHING VITAL TEETH

JK Bernadon, N Sartori, et al. Oper Dent 2011




Delta E

Baseline 7 days 14 days 28 days 56 days 120 days

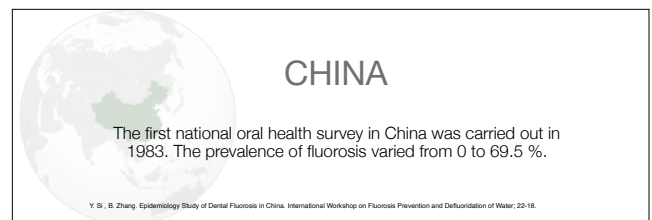
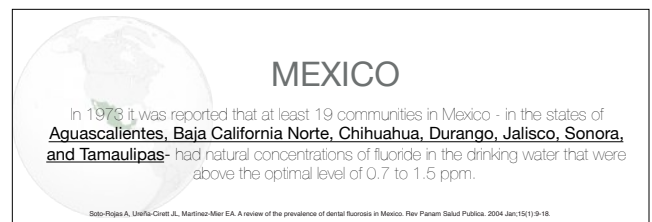
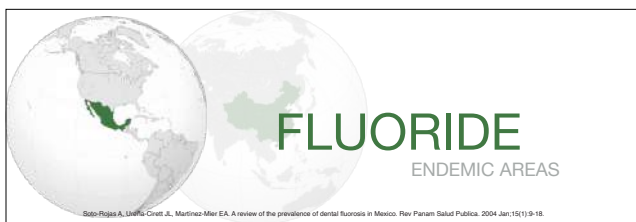
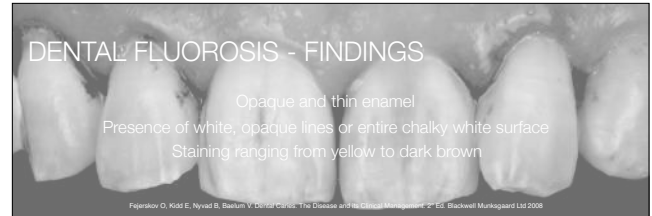
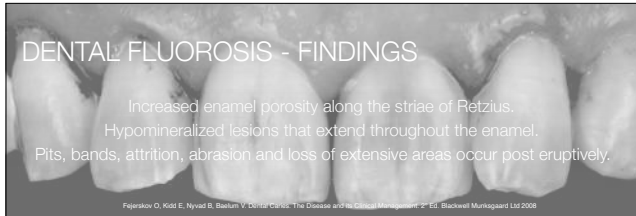
Legend:  
 - At-home - without light  
 - In-office - without light  
 - In-office - with light

### EFFECTIVENESS OF BLEACHING



- I. Bleaching of vital teeth
- II. Bleaching of non-vital teeth





## OPALUSTRE

A study compared two commercially available products for microabrasion for removal of fluorosis stains, and found that treatment with Opalustre was more effective than Prema Compound.

Loguercio AD, Correia LD, Zago C, Tagliari D, Neumann E, Gomes OM, Barbieri DB, Reis A. Clinical effectiveness of two microabrasion materials for the removal of enamel urosis stains. *Oper Dent* 2007; 32: 531-538.

## INTRINSIC TOOTH DISCOLORATION - MICROABRASION



1. Discolored teeth are cleaned with pumice and water slurry or prophylactic paste in a slow-rotating rubber prophylaxis cup.

## INTRINSIC TOOTH DISCOLORATION - MICROABRASION



2. Teeth are isolated with a rubber dam to prevent seepage of the acid onto the gingiva.

## INTRINSIC TOOTH DISCOLORATION - MICROABRASION



3. The operator should wear gloves, and the operator, RDA and patient must wear protective glasses.

## INTRINSIC TOOTH DISCOLORATION - MICROABRASION



4. The acid-pumice slurry is applied to the stained area of the tooth with a wooden applicator.

## INTRINSIC TOOTH DISCOLORATION - MICROABRASION



5. The area is rinsed thoroughly with air-water spray directly into an aspirator tip.

## INTRINSIC TOOTH DISCOLORATION - MICROABRASION



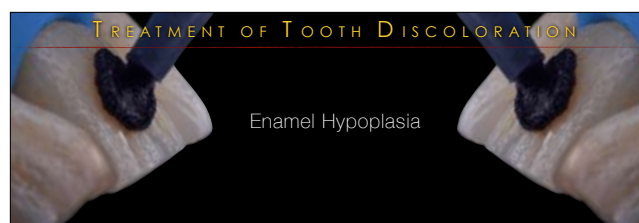
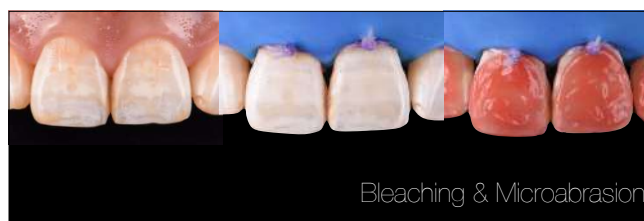
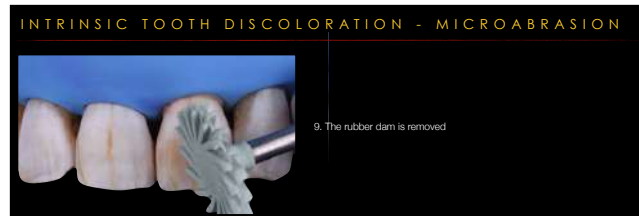
6. The procedure is repeated until the stain is removed or to a maximum of 10 applications

Ten 5-second applications of acid and pumice slurry with a rubber cup remove about 160 microns of enamel surface

## INTRINSIC TOOTH DISCOLORATION - MICROABRASION




7. Neutral fluoride gel solution is applied for 4 minutes





### POSSIBLE CAUSES OF TOOTH DISCOLORATION



1. Fluorosis
2. Systemic disease
3. Development disorder
4. Enamel hypoplasia

### ENAMEL HYPOPLASIA


Approach 1: Bleaching

Approach 2: Microabrasion

Approach 3: Restorative


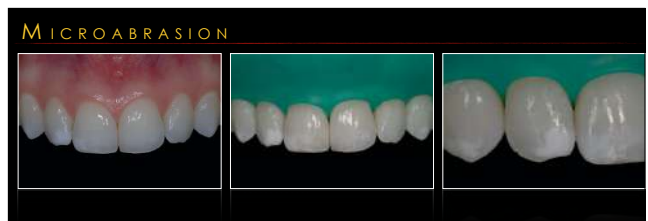


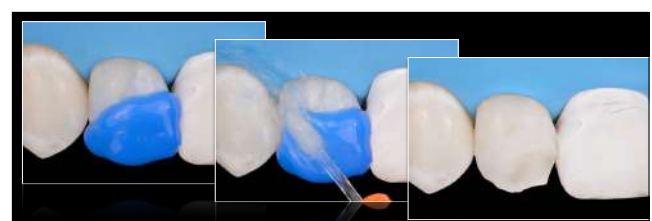
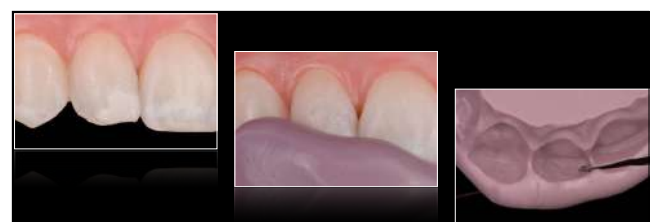

### AT-HOME BLEACHING - 10% CP

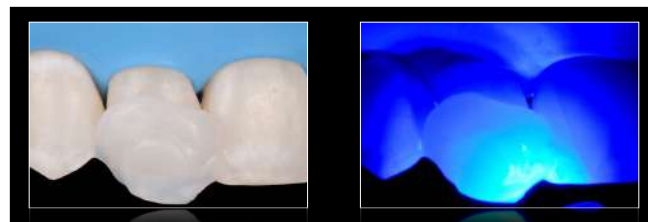


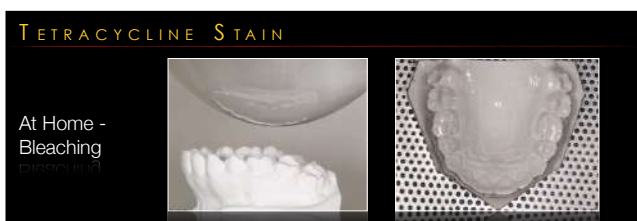

### ENAMEL HYPOPLASIA

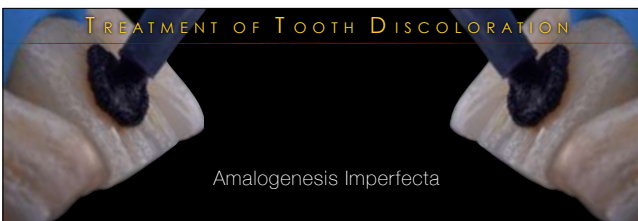
Microabrasion

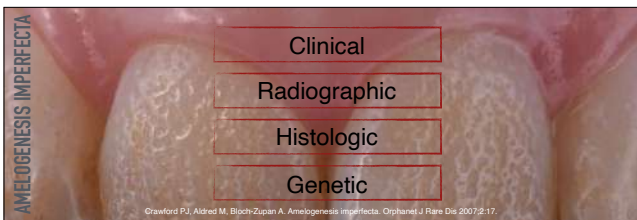
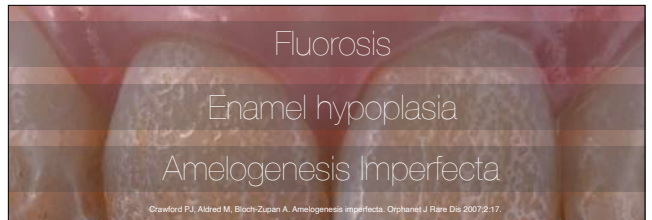









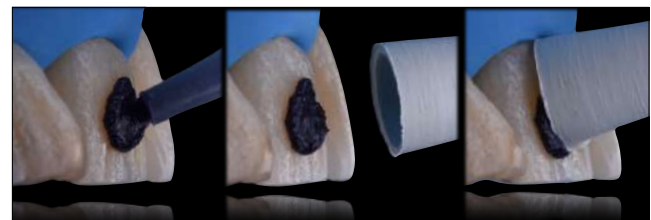


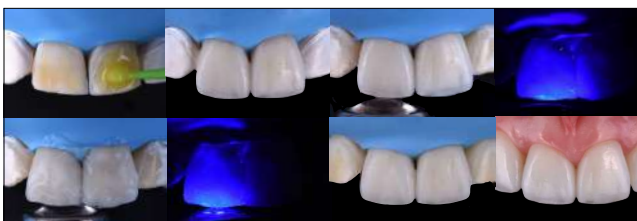
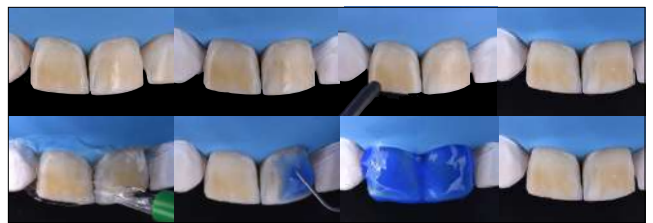
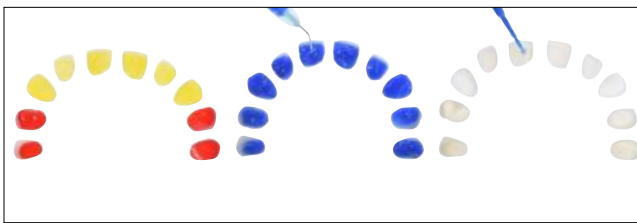
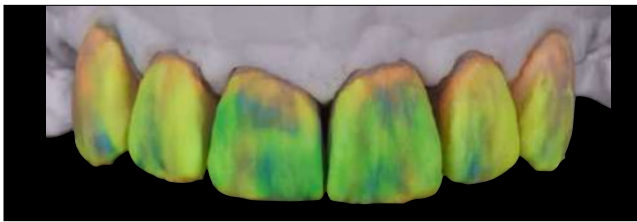


<b>AMELOGENESIS IMPERFECTA</b>	
<b>TYPE I</b>	<b>TYPE II</b>
Type I. Hypoplastic	Type II. Hypomaturation
Type IA. Hypoplastic, pitted autosomal dominant	Type IIA. Hypomaturation, pigmented autosomal recessive
Type IB. Hypoplastic, local autosomal dominant	Type IIB. Hypomaturation, X-linked recessive
Type IC. Hypoplastic, local autosomal recessive	Type IIC. Hypomaturation, snow-capped teeth, X-linked
Type ID. Hypoplastic, smooth autosomal dominant	Type IID. Hypomaturation, snow-capped teeth, autosomal dominant?
Type IE. Hypoplastic, smooth X-linked dominant	
Type IF. Hypoplastic, rough autosomal dominant	
Type IG. Enamel agenesis, autosomal recessive	
<b>TYPE III</b>	<b>TYPE IV</b>
Type IIIA. Autosomal dominant	Type IVA. Hypomaturation-hypoplastic with taurodontism
Type IIIB. Autosomal recessive	Type IVA. Hypomaturation-hypoplastic with taurodontism, autosomal dominant
	Type IVB. Hypoplastic-hypomaturation with taurodontism, autosomal dominant

Witkop CJ Jr: Amelogenesis imperfecta, dentinogenesis imperfecta and dentin dysplasia revisited: problems in classification. J Oral Pathol 1988;17:547-53.

<b>Diagnosis</b>	
Amelogenesis Imperfecta Type IV, Attrition, Chipping, Defective restorations, Caries	
<b>Etiology</b>	
Genetic Disorder	<b>Overall prognosis</b>
Malocclusion	Fair
Diet & Hygiene Habits	

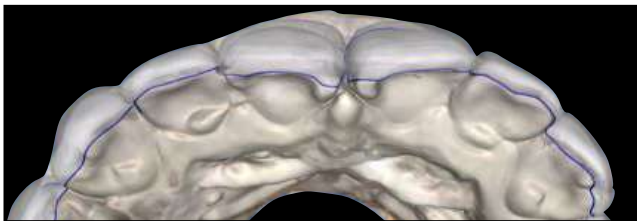
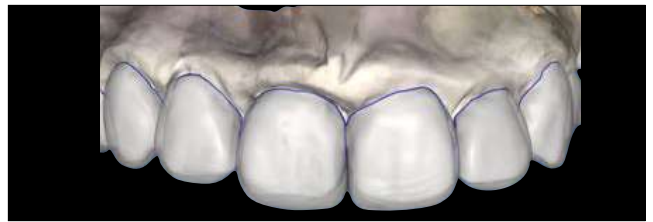


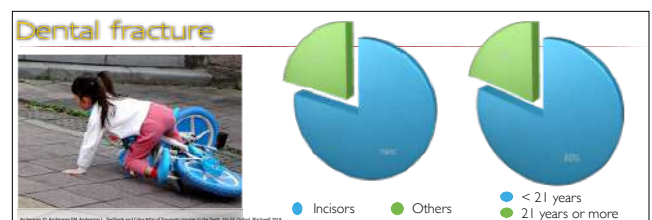
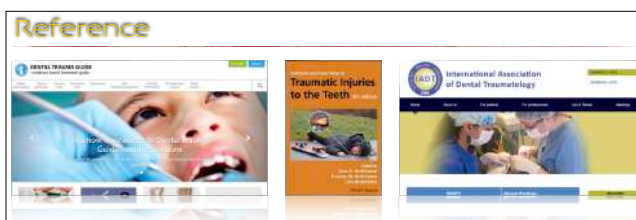
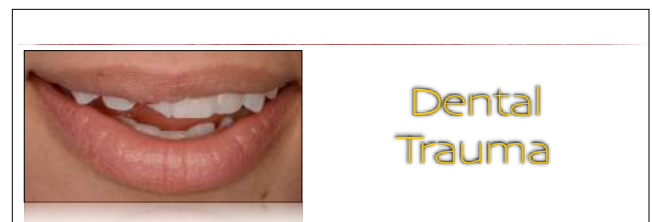




# TREATMENT OF TOOTH DISCOLORATION

Dentinogenesis Imperfecta





### Dental Traumatology

**International Association of Dental Traumatology guidelines for the management of traumatic dental injuries: 1. Fractures and luxations of permanent teeth**

**1.1.1. Enamel-dentine fracture**

Enamel-dentine fractures are fractures of the crown involving the enamel and dentine, but not extending into the pulp chamber or root. They are usually caused by direct trauma to the tooth.

**1.1.2. Enamel-dentine-pulp fracture**

Enamel-dentine-pulp fractures are fractures of the crown involving the enamel, dentine, and pulp. They are usually caused by direct trauma to the tooth.

**1.1.3. Root fracture**

Root fractures are fractures of the root of the tooth. They are usually caused by direct trauma to the tooth.

**1.1.4. Crown fracture**

Crown fractures are fractures of the crown of the tooth. They are usually caused by direct trauma to the tooth.

**1.1.5. Root fracture**

Root fractures are fractures of the root of the tooth. They are usually caused by direct trauma to the tooth.

1. Treatment guidelines for fracture of tooth and alveolar bone	2. Treatment guidelines for fracture of tooth and alveolar bone
<p><b>1.1.1. Enamel-dentine fracture</b></p> <p>Enamel-dentine fractures are fractures of the crown involving the enamel and dentine, but not extending into the pulp chamber or root. They are usually caused by direct trauma to the tooth.</p>	<p><b>1.1.1. Enamel-dentine fracture</b></p> <p>Enamel-dentine fractures are fractures of the crown involving the enamel and dentine, but not extending into the pulp chamber or root. They are usually caused by direct trauma to the tooth.</p>
<p><b>1.1.2. Enamel-dentine-pulp fracture</b></p> <p>Enamel-dentine-pulp fractures are fractures of the crown involving the enamel, dentine, and pulp. They are usually caused by direct trauma to the tooth.</p>	<p><b>1.1.2. Enamel-dentine-pulp fracture</b></p> <p>Enamel-dentine-pulp fractures are fractures of the crown involving the enamel, dentine, and pulp. They are usually caused by direct trauma to the tooth.</p>
<p><b>1.1.3. Root fracture</b></p> <p>Root fractures are fractures of the root of the tooth. They are usually caused by direct trauma to the tooth.</p>	<p><b>1.1.3. Root fracture</b></p> <p>Root fractures are fractures of the root of the tooth. They are usually caused by direct trauma to the tooth.</p>
<p><b>1.1.4. Crown fracture</b></p> <p>Crown fractures are fractures of the crown of the tooth. They are usually caused by direct trauma to the tooth.</p>	<p><b>1.1.4. Crown fracture</b></p> <p>Crown fractures are fractures of the crown of the tooth. They are usually caused by direct trauma to the tooth.</p>
<p><b>1.1.5. Root fracture</b></p> <p>Root fractures are fractures of the root of the tooth. They are usually caused by direct trauma to the tooth.</p>	<p><b>1.1.5. Root fracture</b></p> <p>Root fractures are fractures of the root of the tooth. They are usually caused by direct trauma to the tooth.</p>



How did the injury occur?

When did the injury occur?

Was there a period of unconsciousness?

Is there any disturbance in the bite?

Is there any reaction in the teeth to cold and/or heat exposure?



**Evaluate** the face, lips and oral muscles for soft tissue lesions.

**Palpate** the facial skeleton for signs of fractures.

**Inspect** the dental trauma region for fractures, abnormal tooth position, tooth mobility and abnormal response to percussion.

**Pulp testing** (usually electrometric) completes the clinical examination.



Periapical radiograph with a 90° horizontal angle with central beam through the tooth in question.

Occlusal

Periapical radiograph with lateral angulations from the mesial or distal aspect of the tooth in question.

**Enamel-dentin fracture**

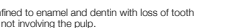
A fracture confined to enamel and dentin with loss of tooth structure, but not involving the pulp.



The diagram shows a cross-section of a tooth with a fracture line extending from the enamel into the dentin. The pulp chamber is visible and intact, indicating that the fracture does not involve the pulp.

### Enamel-dentin fracture

A fracture confined to enamel and dentin with loss of tooth structure, but not involving the pulp.



The left image is a clinical photograph showing a fracture of the upper front teeth (incisors) with visible loss of enamel and dentin. The right image is a periapical radiograph (X-ray) of the same teeth, showing a clear vertical fracture line extending through the enamel and dentin layers.

### Clinical findings

A fracture confined to enamel and dentin with loss of tooth structure, but not exposing the pulp.

### Radiographic findings

Enamel-dentin loss is visible

### Treatment

If the tooth fragment is available, it can be bonded to the tooth  
Restoration with composite resin



Tooth Reattachment  
Composite Restoration

Tooth Reattachment - Case 1



Evaluate and hold the tooth fragment



Verify tooth fragment adaptation



Prophylaxis and shade selection



Rubber dam isolation



Hold the fragment in position



Positioning stent fabrication



Positioning stent fabrication



Positioning stent fabrication



Bonding Procedures



Bonding Procedures



Protection of Adjacent Teeth



Bonding Procedures



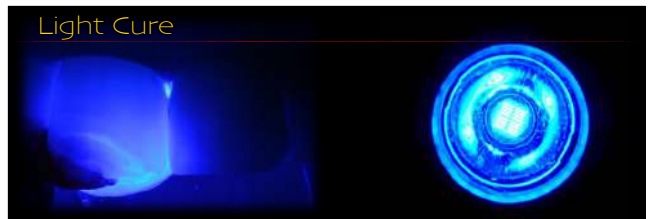
Bonding Procedures



Tooth Reattachment



Light Cure



After removing stent



Composite resin



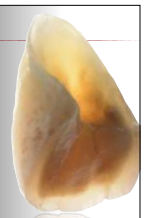
Final cure



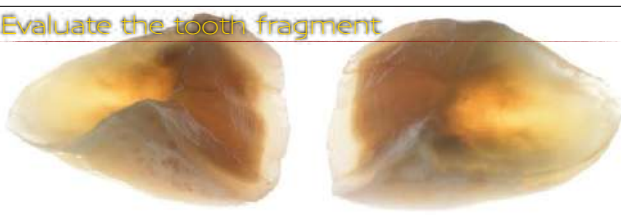
Tooth Reattached



Tooth Reattachment - Case 2

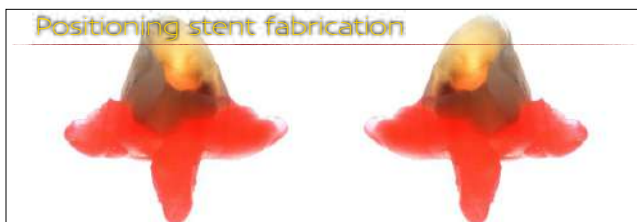


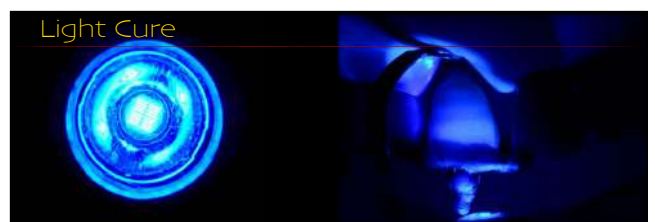
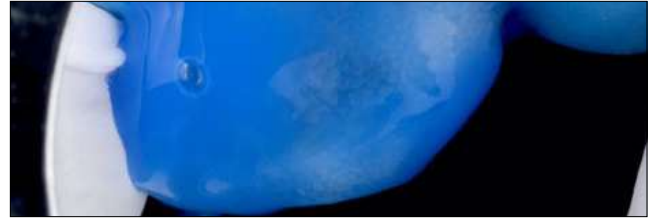
Evaluate the tooth fragment



Evaluate the tooth fragment









### CLINICAL EVALUATION



### PVS IMPRESSION



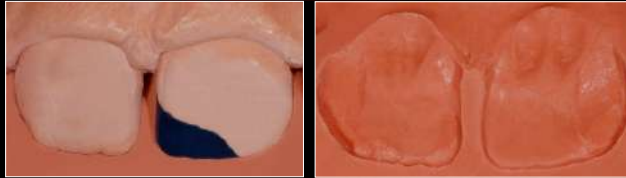
### WAX-UP



### SILICONE INDEX



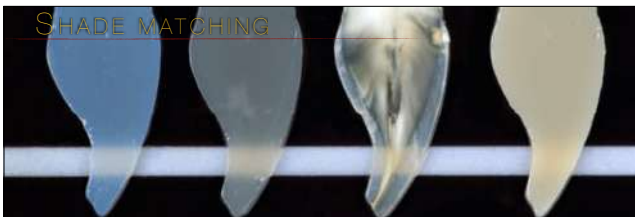
### SILICONE INDEX



### SHADE MATCHING



### SHADE MATCHING



### RESTORATION TRY-IN

- Shade matching
- Shape evaluation
- Temporary restoration



Initial

## RESTORATION TRY-IN

Shade matching  
Shape evaluation  
Temporary restoration



After 24h

## OPERATIVE FIELD ISOLATION



## ADJACENT TEETH PROTECTION



## ADHESIVE SYSTEMS



## ETCH-AND-RINSE SYSTEMS

Three Steps



+



+



Late 1980s

Etch

Primer

Adhesive

## ETCH-AND-RINSE SYSTEMS

Three Steps



## ETCH-AND-RINSE SYSTEMS

Three Steps



+



+



Early 1990

Etch

Primer

Adhesive

## ETCH-AND-RINSE SYSTEMS

Two Steps



+



Early 1990

Etch

Primer/Adhesive

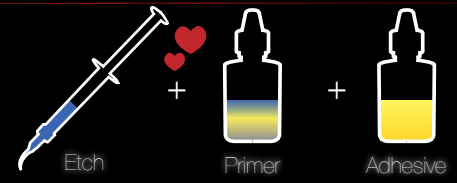
## ETCH-AND-RINSE SYSTEMS

Two Steps



## ETCH-AND-RINSE SYSTEMS

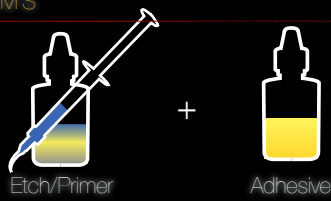
Three Steps



Late 1990s

## SELF-ETCH SYSTEMS

Two Steps



Late 1990s

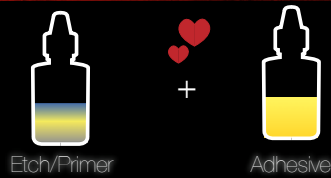
## SELF-ETCH SYSTEMS

Two Steps



## SELF-ETCH SYSTEMS

Two Steps



Early 2000s

## SELF-ETCH SYSTEMS

One Step



Early 2000s

## SELF-ETCH SYSTEMS

One Step



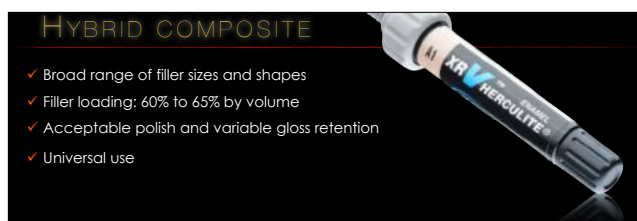
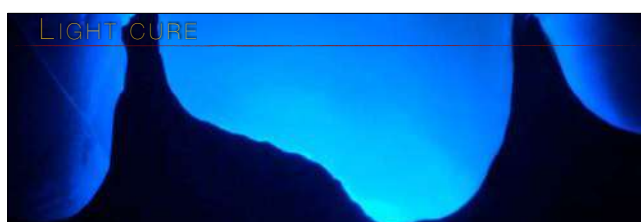
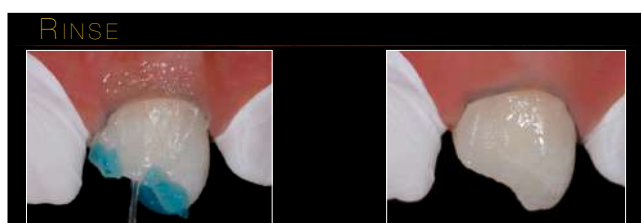
## MULTI-MODE SYSTEMS

Etch-and-Rinse Mode

Self-Etch Mode



2012



## HYBRID COMPOSITE

- ✓ Hybrids (> 600 nm)
- ✓ Microhybrids (400-600 nm)
- ✓ Nanohybrids (200-300 nm, some fillers <100 nm)



## HYBRID COMPOSITE

- ✓ Hybrids (> 600 nm)



## HYBRID COMPOSITE

- ✓ Microhybrids (400-600 nm)



## HYBRID COMPOSITE

- ✓ Nanohybrids (200-300 nm, some <100 nm)

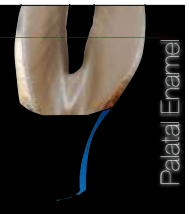


## NANOFILLED COMPOSITE

- ✓ All fillers below 100 nm
- ✓ Filler loading: 55% to 70% by volume
- ✓ Highly polishable and adequate gloss retention
- ✓ Universal use



## RESTORATION

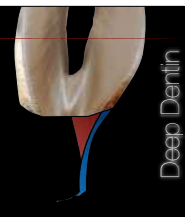


Palatal Enamel

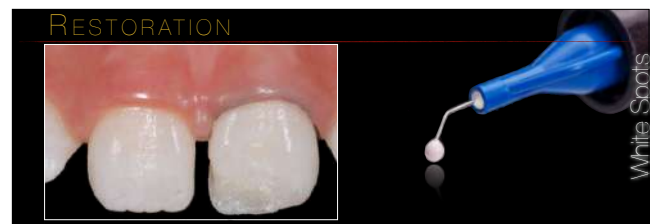
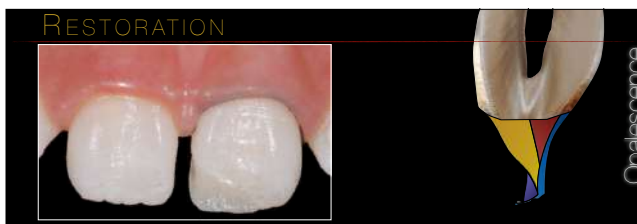
## RESTORATION



## RESTORATION



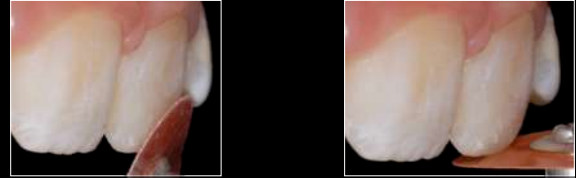
Deep Dentin



## PRIMARY MORPHOLOGY

- ✓ Tooth contours
- ✓ Lines angles
- ✓ Shadow areas (Transitional contour to proximal contact)
- ✓ V-shaped grooves

## FINISHING



## FINISHING



## FINISHING



## FINISHING



## SECONDARY MORPHOLOGY

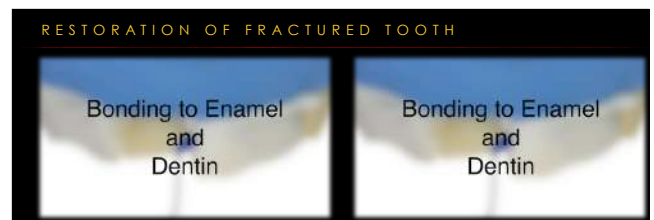
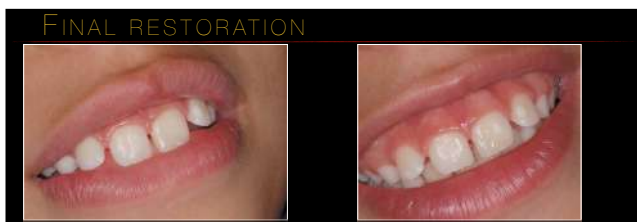
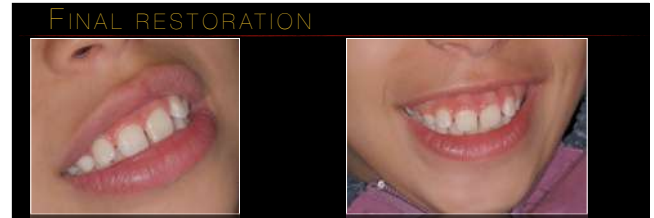
- ✓ Initial polishing (fine silicone points)
- ✓ Texture (Perikymata)
- ✓ Final luster (Felter disc + polishing paste)

## POLISHING



## POLISHING





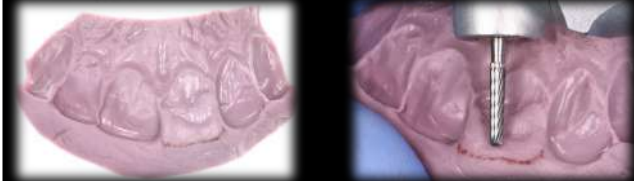
Composite Restoration - Case 3 - BRB Matrix



Composite Restoration - Case 3 - BRB Matrix



Composite Restoration - Case 3 - BRB Matrix



Composite Restoration - Case 3 - BRB Matrix



Composite Restoration - Case 3 - BRB Matrix

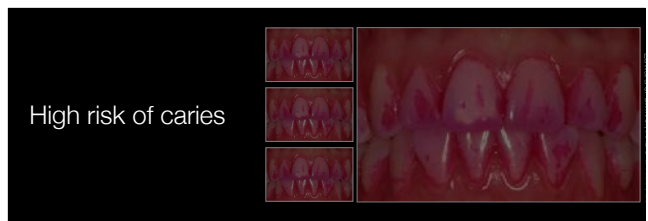
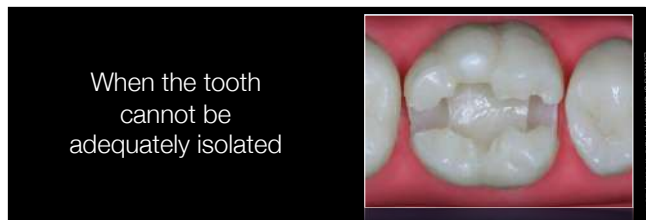
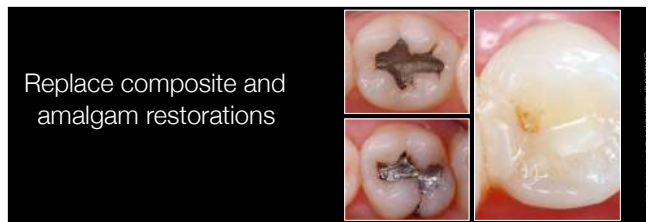


Composite Restoration - Case 3



Composite Restoration - Case 4





## Advantages

- Esthetics
- Conservative tooth structure removal
- Easier, less complex tooth preparation
- Decreased microleakage
- Increased short-term strength of remaining tooth structure

Edward J. Swift Jr, Andre V. Ritter, 20



## Disadvantages

- Polymerization shrinkage effects
- Lower fracture toughness than most indirect restorations
- More technique-sensitive than amalgam restorations
- Possible greater localized occlusal wear
- Unknown biocompatibility of some components (bisphenol A [BPA])

Edward J. Swift Jr, Andre V. Ritter, 20



## Class I restorations: Clinical Protocol

## Class I composite Restoration

Anesthesia



## Class I composite Restoration

Anesthesia

Pre-oper. occlusion



## Class I composite Restoration

Anesthesia

Pre-oper. occlusion

Prophylaxis



## Class I composite Restoration

Anesthesia

Pre-oper. occlusion

Prophylaxis

Tooth color matching

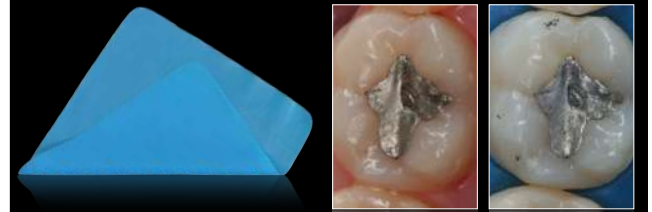


## Shade Matching



## Class I composite Restoration

Anesthesia  
Pre-oper. occlusion  
Prophylaxis  
Tooth color matching  
Operative field isolation



## Class I composite Restoration

Anesthesia  
Pre-oper. occlusion  
Prophylaxis  
Tooth color matching  
Operative field isolation  
Cavity preparation



## Shade Match Verification



## Class I composite Restoration

Anesthesia  
Pre-oper. occlusion  
Prophylaxis  
Tooth color matching  
Operative field isolation  
Cavity preparation

Adhesive System



## Composite Selection

- ✓ Micro-hybrid
- ✓ Nanofilled
- ✗ Microfilled



## Cavity configuration factor (C-factor)

$$CF = \frac{\text{Bonded surfaces}}{\text{Unbonded Surface}} = \frac{5}{1} = 5$$

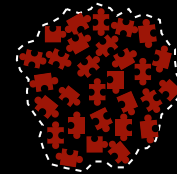


## C-factor



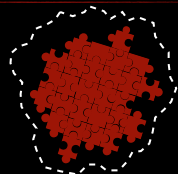
## COMPOSITE RESIN

Polymerization Shrinkage



## COMPOSITE RESIN

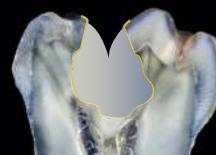
Polymerization Shrinkage



## COMPOSITE PLACEMENT

Bulk-Filling Technique

↓  
Small area unbonded



## COMPOSITE PLACEMENT

Bulk-Filling Technique

↓  
Small area unbonded

↓  
Adhesive fail



- ✓ Few studies
- ✓ High post-gel shrinkage
- ✓ Not all low-shrinkage/bulk-fill composites demonstrated reduced polymerization shrinkage (3-6%)
- ✓ Polymerization depth reduction in clinical dental polymerization
- ✓ Polymerization depth does not reach the bottom of the preparation

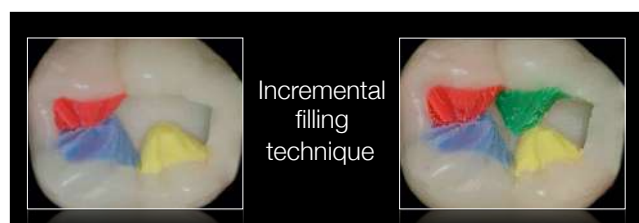
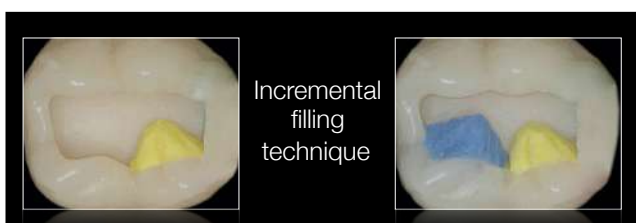
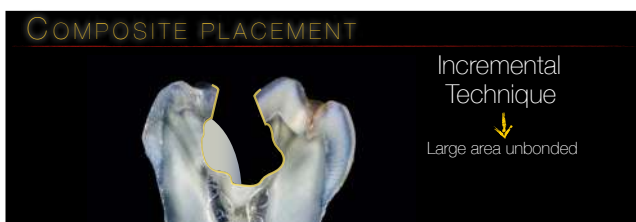
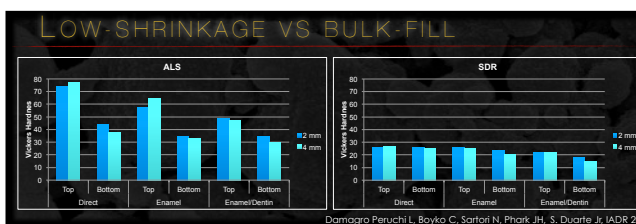
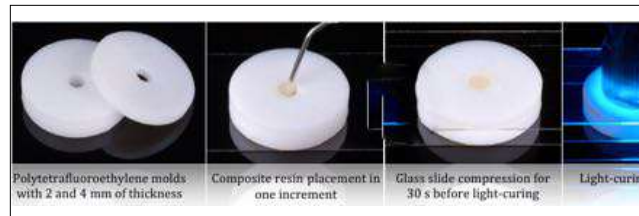


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STOMATOLOGICA  
CROATICA  
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Acta stomatol Croat. 2019;53(2):95-105.  
DOI: 10.15644/ascro/53/2/1  
ORIGINAL SCIENTIFIC PAPER  
IZVORNI ZNANSTVENI RAD

Neimar Sartori<sup>1</sup>, Alena Knezevic<sup>1</sup>, Lari Dalmagro Peruchi<sup>2</sup>, Jin-Ho Phark<sup>3</sup>, Sillas Duarte Jr<sup>1</sup>

### Effects of Light Attenuation through Dental Tissues on Cure Depth of Composite Resins





### Class I composite Restoration

Anesthesia	Adhesive System	
Prophylaxis	Composite placement	
Tooth color selection	Final light cure	
Field isolation		
Cavity preparation		

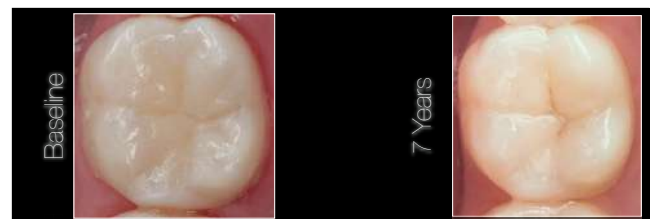


### Class I composite Restoration

Anesthesia	Adhesive System	
Prophylaxis	Composite placement	
Tooth color selection	Final light cure	
Field isolation	Checking the occlusion	
Cavity preparation		

### Class I composite Restoration

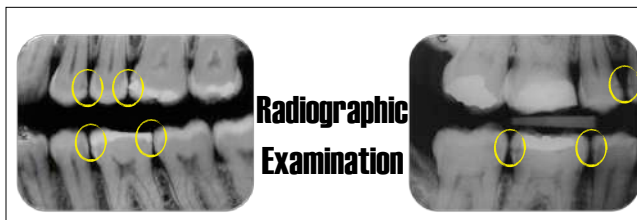
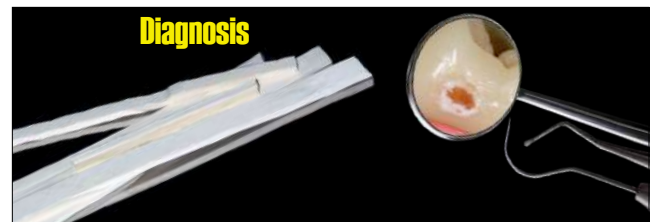
Anesthesia	Adhesive System	
Prophylaxis	Composite placement	
Tooth color selection	Final light cure	
Field isolation	Checking the occlusion	
Cavity preparation	Finishing and polishing	





**Class II composite Restoration**

Diagnosis	Matrix selection and placement
Anesthesia and prophylaxis	Adhesive System
Tooth color selection	Composite placement
Checking the occlusion	Light-activation
Field isolation	Checking the occlusion
Cavity preparation	Finishing and polishing

## Accessing the caries Lesion



Direct access



## Accessing the caries Lesion



Box-only preparation



Slot preparation

## Accessing the caries Lesion



Removing marginal Ridge



Removing old restoration

Pre-Operative Procedures

Pre-Operative Procedures

Rubber Dam Isolation

Rubber Dam Isolation

Tooth Preparation

Tooth Preparation

## Tooth Preparation - Proximal Bevel



Guidance on posterior resin composites: Academy of Operative Dentistry - European Section

Christopher G. Lynch<sup>1</sup>, Mark J. Opdam<sup>2</sup>, Giovanni M. Haidich<sup>3</sup>, Paul A. Beare<sup>4</sup>, David G. Carr<sup>5</sup>, Jennifer G. Robinson<sup>6</sup>, Alan C. Kinnear<sup>7</sup>, Guido Vignola<sup>8</sup>, Susan M. J. Griffin<sup>9</sup>

of unnecessary cavity preparation iatrogenically weaken the remaining tooth tissue and structure.

In contrast to the techniques used in the placement of resin composite restorations in anterior teeth, which involve beveling of the cavosurface margin, the completion of preparation to accept a posterior resin composite should not include beveling of the margins.<sup>1,2</sup> Notwithstanding the evidence to discredit cavosurface margin beveling when completing a cavity for a posterior restorative composite, such beveling causes confusion and is unnecessary loss, or at least damage to sound tooth tissue in and where it becomes necessary to retreat, repair or replace the restoration.

The situation in relation to the placement of bevels on the cavosurface margins of proximal boxes to be covered with resin composite is less clear. There is some evidence to suggest that such beveling can enhance the marginal adaptation of the completed restoration.<sup>3,4,5</sup> However, concern exists

## Matrix selection and placement



## Matrix selection and placement

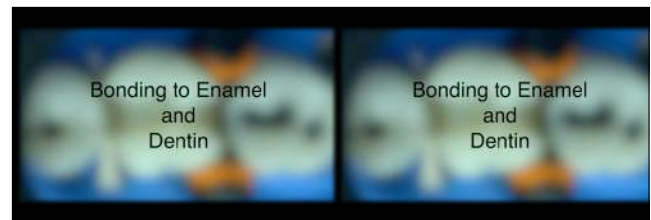
<sup>1</sup>Operative Dentistry 2018, 31(4), 638-650

### Comparison of Proximal Contacts of Class II Resin Composite Restorations *In Vitro*

BAF, Lössener • 2018 Update • FOM Bielefeld  
DSM Braunschweig • RWTH Aachen

restoring in the minimally prepared teeth. The teeth were divided into 8 groups (n=20). In groups, circumferential matrix bands (flat or contoured) in a Tofflemire retainer were applied. In the remaining 6 groups, 3 different separation rings were combined with 2 types of sectional matrix bands. All the cavities were restored using Clearfil Photo Bond and Clearfil AP-X. The tightness of the proximal contact was measured using the Tooth Pressure Meter. Data were statistically analyzed using SPSS 12. ANOVA was used to find differences in proximal contact tightness between the groups. Tukey tests were used to find differences between the homogeneous subgroups. **The use of sectional matrices combined with separation rings resulted in tighter proximal contact compared to when circumferential systems was used ( $p < 0.001$ ). The use of these devices is therefore recommended when posterior resin composite restorations are placed.**

## Matrix selection and placement



## Incremental composite placement

- Decrease C-factor
- Improve bonding strength
- Improve marginal adaptation
- Improve light-curing
- Decrease amount of bubbles into the restoration
- Allow to build up multi colored restorations
- Allow to fill out the cavity quickly with better morphology
- Reduce excess of materials



UNRESTORED CARIOUS TEETH  
#12 & #13



RUBBER DAM ISOLATION



SUPERFLOSS TO REMOVE  
INTERPROXIMAL PLAQUE



MICROLUX TRANSILLUMINATOR®  
ADJUNCT CARIES VERIFICATION



LUBRICATION OF TEETH  
WITH GLYCERIN PRIOR TO  
PLACEMENT OF CUSTOM  
MATRIX RING



FINAL SET OF CUSTOM  
MATRIX RING WITH  
ULTRADENT OPALDAM®



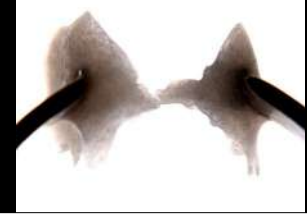
CUSTOM MATRIX RING



## CUSTOM MATRIX RING



## CUSTOM MATRIX RING

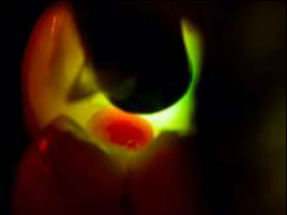


## GARRISON FENDERWEDGE® INTERPROXIMAL WEDGING AND SEPARATION



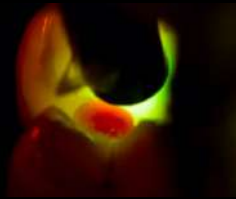
## FLUORESCENCE AIDED CARIES EXCAVATION (FACE)

EXACT CARIES DETECTION



## FLUORESCENCE AIDED CARIES EXCAVATION (FACE)

- \* Carious dentin areas exhibit red fluorescence when using FACE; non-carious areas exhibit green fluorescence
- \* The red fluorescence is emitted by porphyrin compounds, which are generated by bacteria
- \* Red-fluorescing areas exhibit a strong bacterial penetration and should be removed as part of the caries excavation.
- \* Red-fluorescing areas are removed until a green fluorescence appears



## IDEAL BOX FORM FOR CLASS II TOOTH PREPARATION



## OUTLINE

- \* Inclusion of enamel decalcification that is contiguous with the area of caries
- \* Inclusion of discoloration that would adversely affect the esthetic restoration
- \* Inclusion of weakened tooth structure that cannot be strengthened through acid etching
- \* No damage to adjacent teeth or periosteum



## INTERNAL

- \* Sufficient depth to identify and conservatively remove the caries
- \* Conservative removal of tooth structure in a pulpal or axial direction
- \* Removal of all carious tooth structure
- \* Removal of discolored dentin that might negatively affect the esthetics of the final restoration



## MARGINAL FINISH

- \* Finish line smooth, contiguous, and enamel properly supported
- \* Removal of all debris



## CUSTOM WOODEN WEDGE



## UNMODIFIED MATRIX POSITIONED TOO CORONALLY



## MATRIX WAS CUSTOMIZED AND MODIFIED TO FIT IN PROPER POSITION WITH RESPECT TO MARGINAL RIDGES



## CUSTOM WEDGE SUPPORTING BOTH CUSTOM WEDGES

- \*Ensure proper contour
- \*Ensure tight gingival seal



## REAPPROXIMATION OF CUSTOM MATRIX RING



## 37% PHOSPHORIC ACID ETCH



ENAMEL 30 SECONDS



DENTIN 15 SECONDS

## PRIMER APPLICATION

APPLY BRUSHING MOTION FOR 15 SECONDS



AIR THIN  
THE PRIMER

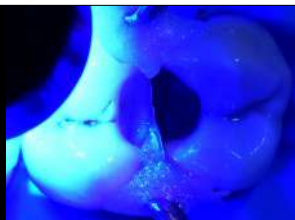


OPTIBOND FL  
BONDING AGENT



OPTIBOND FL  
BONDING AGENT

LIGHT CURE FOR  
20 SECONDS



INITIAL NANOFILLED  
COMPOSITE RESIN  
PLACEMENT WITH  
CUSTOM MATRIX RING



BUILDING MESIAL  
MARGINAL RIDGE OF  
TOOTH #13



BUILDING DISTAL  
MARGINAL RIDGE OF  
TOOTH #12



CONTINUATION OF  
INCREMENTAL  
PACKING OF  
COMPOSITE RESIN



FINAL RESULT OF  
INCREMENTAL COMPOSITE  
RESIN PACKING



REMOVING EXCESS  
FROM FINAL  
RESTORATION



GLYCERIN JELLY TO  
CURE THE UNCURED  
OXYGEN INHIBITED  
LAYER (OIL)



COMPOSITE RESIN  
RESTORATION AFTER  
GLYCERIN AIR-BLOCK



REMOVING OCCLUSAL  
STAINING OF #13  
WITH CARBIDE  
FISSURE BUR



REMOVING OCCLUSAL  
STAINING OF #13  
WITH CARBIDE  
FISSURE BUR



POLISHED  
RESTORATIONS FOR  
#12 & #13 WITH  
RUBBER DAM INTACT



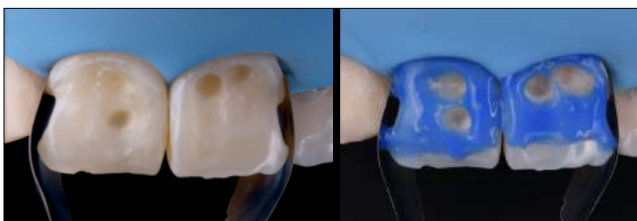
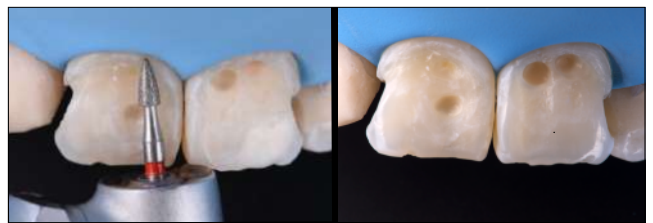
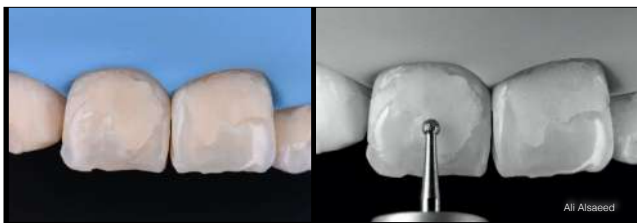
FINAL POLISHED  
RESTORATION FOR #12  
& #13 AFTER  
OCCLUSION ADJUSTED

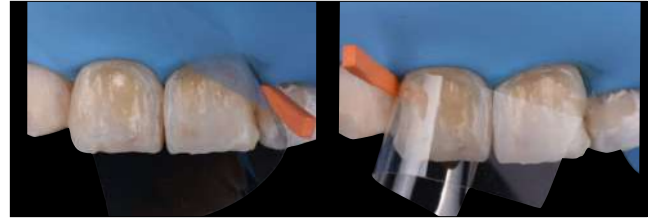


FINAL BITEWING  
RADIOGRAPH OF  
#12 & #13









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